Elimination of Pragyaparadh

Enlivening the 40 aspects of Veda in the physiology

Disorders of the muscles and bones (musculoskeletal disorders)

**Osteoarthritis**
- Osteoarthritis of the knees
- Osteoarthritis of the spine
- Osteoarthritis of the low back and/or hips
- Osteoarthritis of the neck and/or shoulder
- Osteoarthritis of the wrists, thumbs and/or fingers
- Osteoarthritis of the ankles, heels and/or feet
- Osteoarthritis of the elbows
- Osteoarthritis of another area

**Rheumatoid Arthritis**
- Rheumatoid Arthritis of the wrists, small joints of the hands, thumbs and/or fingers
- Rheumatoid Arthritis of the knees
- Rheumatoid Arthritis of the ankles, heels and/or small joints of the foot
- Rheumatoid Arthritis of the shoulders and/or neck
- Rheumatoid Arthritis of the hips
- Rheumatoid Arthritis of the elbows
- Rheumatoid Arthritis of the jaw
- Rheumatoid Arthritis of another area

**Back pain**
- Back pain: neck and/or shoulders
- Back pain: upper back
- Back pain: mid back
- Back pain: lower back & hip

**Disk-related problems**
- Disk-related problems of the neck and/or upper back
- Disk-related problems of the mid back
- Disk-related problems of the lower back

**Stress fracture**
- Stress fracture of the upper extremities
- Stress fracture of the lower extremities
- Stress fracture of another area

**Other musculoskeletal disorders**
- Frozen shoulder
- Heel spurs
- Helping the healing of a bone break
- Sciatica
- Spondylitis of the neck
- Torn meniscus

**Pain as the primary problem**

**Headache**
- Tension headache
Migraine headache
Cluster Headache
Other Headache

Neuralgia
Neuralgia (nerve pain) or pinched nerve in the head
Neuralgia (nerve pain) or pinched nerve in the neck
Neuralgia (nerve pain) or pinched nerve in the upper back
Neuralgia (nerve pain) or pinched nerve in the mid back
Neuralgia (nerve pain) or pinched nerve in the lower back
Neuralgia (nerve pain) or pinched nerve of the upper extremities
Neuralgia (nerve pain) or pinched nerve of the lower extremities
Neuralgia (nerve pain) or pinched nerve of another area

Pain from Cancer
Pain from cancer in the head
Pain from cancer in the chest area
Pain from cancer in the abdominal area
Pain from cancer in the back area
Pain from cancer in the upper extremities
Pain from cancer in the lower extremities
Pain from cancer in another area

Pain Syndrome and Carpal Tunnel Syndrome
Pain syndrome of the head area
Pain syndrome of the chest area
Pain syndrome of the abdominal area
Pain syndrome of the upper back
Pain syndrome of the mid back
Pain syndrome of the lower back
Pain syndrome of the upper extremities
Pain syndrome of the lower extremities
Pain syndrome of another area
Carpal tunnel syndrome

Pain following Herpes Zoster
Pain following herpes zoster in the head area
Pain following herpes zoster in the chest area
Pain following herpes zoster in the abdominal area
Pain following herpes zoster in the back area
Pain following herpes zoster in the upper extremities
Pain following herpes zoster in the lower extremities
Pain following herpes zoster in another area

Gastrointestinal disorders

Gastritis, Ulcers, Hyperacidity
Gastritis with hyperacidity
Gastritis: achlorhydric (without acid)
Gastric ulcer
Duodenal ulcer
Hyperacidity

**Irritable Bowel Syndrome**
- Irritable bowel syndrome
- Irritable bowel syndrome with constipation
- Irritable bowel syndrome with diarrhea
- Irritable bowel syndrome with abdominal pain

**Liver enlargement, Hepatitis, Anemia, Anorexia**
- Liver enlargement
- Hepatitis (except type B)
- Anemia (due to poor digestion)
- Anorexia

**Dysentery, Colitis**
- Infectious Dysentery
- Inflammatory Dysentery
- Colitis

**Digestive problems**
- Digestive problems with nausea
- Digestive problems with diarrhea
- Digestive problems with constipation
- Digestive problems with abdominal ache or pain
- Digestive problems with belching
- Digestive problems with bloating
- Digestive problems with weak digestion
- Digestive problems with slow digestion
- Digestive problems with excess acid
- Digestive problems with general weakness
- Constipation
- Heartburn
- Any other digestive problem

**Ano-Rectal disorders**
- Hemorrhoids, non-bleeding
- Hemorrhoids, bleeding
- Anal fissure

**Respiratory problems**

**Asthma**
- Asthma
- Asthma related to allergy

**Bronchitis**
- Bronchitis
- Bronchitis with dry cough
- Bronchitis: chronic cough with sputum production
- Bronchitis related to allergy

**Sinusitis**
- Sinusitis
Sinusitis related to infection
Sinusitis related to allergy

Skin disorders

Eczema
Eczema of the face
Eczema of the scalp
Eczema of the chest
Eczema of the abdominal area
Eczema of the back area
Eczema of the upper extremities
Eczema of the lower extremities
Eczema of another area

Psoriasis
Psoriasis of the face and/or scalp
Psoriasis of the chest
Psoriasis of the abdominal area
Psoriasis of the back area
Psoriasis of the upper extremities
Psoriasis of the lower extremities
Psoriasis of another area

Atopic Dermatitis
Atopic dermatitis of the face
Atopic dermatitis of the scalp
Atopic dermatitis of the chest
Atopic dermatitis of the abdominal area
Atopic dermatitis of the back area
Atopic dermatitis of the upper extremities
Atopic dermatitis of the lower extremities
Atopic dermatitis of another area

Burning and/or itching sensations
Burning and/or itching sensations of the face
Burning and/or itching sensations of the scalp
Burning and/or itching sensations of the chest
Burning and/or itching sensations of the abdominal area
Burning and/or itching sensations of the back area
Burning and/or itching sensations of the upper extremities
Burning and/or itching sensations of the lower extremities
Burning and/or itching sensations of another area

Cardiovascular disorders

Hypertension
Hypertension: primary
Hypertension: secondary (due to a systemic illness)
Hypertension: related to the kidneys
Hypertension: related to adrenal glands
Peripheral Vascular Disease
  Peripheral vascular disease: poor circulation
  Peripheral vascular disease: poor circulation (cold extremities)
  Peripheral vascular disease: varicose veins

Other cardiovascular problems
  Heart arrhythmia
  Ectopic heart beat (palpitations)
  Ectopic heart beat associated with anxiety
  Stable angina (heart condition)

Mental problems

Anxiety
  Anxiety
  Anxiety associated with sleep disturbance
  Anxiety associated with substance abuse
  Anxiety associated with substance abuse/alcoholism
  Anxiety associated with substance abuse/nicotine addiction
  Anxiety: sexual imbalance
  Anxiety: suppressed feelings
  Anxiety: lack of concentration and mental clarity
  Anxiety: obsessive-compulsive disorder
  Anxiety: lack of confidence and doubts
  Post traumatic stress syndrome with anxiety
  Emotional trauma
  Emotional trauma associated with sleeplessness
  Emotional and social immaturity
  Emotionally closed, withholding thoughts and feelings
  Defensiveness
  Tactile defensiveness (sensory integration problem)
  Self-doubt, self-dislike
  Doubt, worry, fear, tension and/or nervousness
  Fingernail biting
  Overly sensitive nervous system
  Mental blockage
  Indecisiveness
  Hyperactivity
  Overactive mind
  Lack of concentration, difficulty focussing
  Attention deficit hyperactivity disorder (ADHD)
  Inability to relax, difficulty letting go
  Lack of fulfillment of desires
  Weak inner wakefulness, unsteadiness, not always in the present
  Frightening thoughts that can't be stopped
  Overeating of wrong foods, undereating of right foods

Depression
  Depression
Depression associated with sleep disorder
Underlying sadness of varying intensity
Lack of bliss
Depression in heart area related to hormone change
Depression associated with low lithium levels
Monopolar depression
Bipolar disorder
Bipolar disorder with extreme restlessness, improper behavior, sadness
Mania
Severe emotional trauma with experience of betrayal, deceit, abandonment and grief
Unhappiness with loss of will to live

**Insomnia, disturbed sleep**
- Insomnia: disturbed sleep
- Insomnia: disturbed sleep due to anxiety
- Insomnia: disturbed sleep due to excitation
- Insomnia: long term
- Restless, disturbed sleep
- Interrupted sleep due to excessive dreaming
- Insomnia from energy rising through body when trying to sleep
- Sleep disorder due to violent body jerking while falling asleep or sleeping
- Trouble falling asleep when sleeping alone
- Excessive sleep associated with emotional trauma
- Disturbed sleep due to sleep apnea

**Forgetfulness**
- Forgetfulness
- Poor memory
- Difficulty focussing attention on subject at hand and maintaining overall picture

**Anger**
- Anger
- Impatience, volatility
- Oppositional defiance disorder (ODD)
- Oppositional defiance disorder with ADD or ADHD
- Emotional intensity that manifests as irritability
- Frustration with and intolerance of others

**Dementia**
- Dementia from Parkinson's Disease
- Dementia from Alzheimer's Disease
- Dementia from old age

**Schizophrenia**
- Light Schizophrenia
- Schizophrenia
- Schizophrenia with depression and mood swings

**Other mental problems**
- Emotional instability
- Severe mood swings
Emotional instability related to sadaka pitta  
Negative emotions  
Strong emotional reactions  
Mental imbalance  
Emotional discomfort and restricted eating behavior  
Attention Deficit Disorder (ADD)  
Dyslexia: slow and difficult reading  
Grief  
Phobia  
Phobias with delusions (voices, visions, impulsive behavior)  
Autism  
Mental dullness, brain fog, lack of clarity  
Panic disorder / panic attacks

**Eye problems**

- Chronic itching and/or redness of the eyes  
- Chronic pain of the eyes  
- Pressure around the eyes  
- Fatigue of the eyes  
- Eye problems due to systemic weakness  
- Visual weakness  
- Visual weakness: due to old age  
- Visual weakness: cataracts

**Gynecological disorders**

### Menstrual disorders

- Menstrual disorders: dysmenorrhea (excessive pain with menstruation)  
- Menstrual disorders: abnormal menstruation associated with menopause  
- Menstrual disorders: associated with migraine  
- Menstrual disorders: excessive menstrual flow

**Premenstrual Syndrome**

- Premenstrual syndrome resulting in headache  
- Premenstrual syndrome resulting in emotional imbalance  
- Premenstrual syndrome resulting in digestive difficulties

**Menopausal difficulties**

- Menopausal difficulties: hot flashes  
- Menopausal difficulties: abnormal menstruation  
- Menopausal difficulties: dryness  
- Menopausal difficulties: emotional imbalance

**Other gynecological problems**

- Vaginal discharge (leukorrhea)  
- Uterine fibroids (benign uterine tumors)

**Numbness**

- Numbness affecting the upper extremities  
- Numbness affecting the lower extremities
Numbness affecting another area

Paralysis
- Paralysis involving the face
- Paralysis involving speech
- Paralysis involving the neck and shoulders
- Paralysis involving the upper extremities
- Paralysis involving the lower extremities

Endocrine disorders

Diabetes, kidney disorders
- Diabetes
- Juvenile Diabetes
- Kidney disorder caused by infection
- Kidney disorder caused by inflammation (nephritis and nephrosis)
- Kidney disorder caused by obstruction
- Kidney disorder caused by diabetes or other systemic disorders
- Kidney stones

Thyroid problems
- Thyroid problems: overactive (hyperthyroidism)
- Thyroid problems: underactive (hypothyroidism)
- Thyroidal duct cyst
- Thyroid nodule

Adrenal gland problems
- Adrenal gland problems
- Adrenal gland problems associated with hypertension

Immunological disorders / Allergies
- Allergy: itching eyes
- Allergy: tearing eyes
- Allergy: congestion in the nose and sinuses
- Allergy: congestion in the lungs
- Allergy: itching skin

Parkinson's Disease
- Parkinson's disease with tremor
- Parkinson's disease with stiffness
- Parkinson's disease with a gait disorder

Benign tumors
- Benign tumor located in the abdominal area
- Benign tumor located in the upper extremities
- Benign tumor located in the lower extremities

Dental pain
- Dental pain caused by infection in the teeth
- Dental pain caused by infection in the gums
Wounds
- Wound to the face
- Wound to the head
- Wound to the chest
- Wound to the abdominal area
- Wound to the upper extremities
- Wound to the lower extremities

Ear disorders
- Ringing of the ears (tinnitus)
- Chronic external ear infection (with discharge and itching)
- Hearing problems

Urological disorders
- Prostatitis
- Benign Prostatic Hypertrophy

Other disorders: Tonsillitis, General Weakness ...
- Tonsillitis
- General weakness
- Chronic fatigue syndrome
- Vertigo (dizziness)
- Inflammation of the glands
- Inflammation of sweat glands

Cancer
- Cancer located in the head
- Cancer located in chest area
- Cancer located in the abdominal area
- Cancer located in the upper extremities
- Cancer located in the lower extremities
- Cancer located in another area