Elimination of Pragyaparadh

Enlivening the 40 aspects of Veda in the physiology

Disorders of the muscles and bones (musculoskeletal disorders)

**Osteoarthritis**
- Osteoarthritis of the knees
- Osteoarthritis of the spine
- Osteoarthritis of the low back and/or hips
- Osteoarthritis of the neck and/or shoulder
- Osteoarthritis of the wrists, thumbs and/or fingers
- Osteoarthritis of the ankles, heels and/or feet
- Osteoarthritis of the elbows
- Osteoarthritis of another area

**Rheumatoid Arthritis**
- Rheumatoid Arthritis of the wrists, small joints of the hands, thumbs and/or fingers
- Rheumatoid Arthritis of the knees
- Rheumatoid Arthritis of the ankles, heels and/or small joints of the foot
- Rheumatoid Arthritis of the shoulders and/or neck
- Rheumatoid Arthritis of the hips
- Rheumatoid Arthritis of the elbows
- Rheumatoid Arthritis of the jaw
- Rheumatoid Arthritis of another area

**Back pain**
- Back pain: neck and/or shoulders
- Back pain: upper back
- Back pain: mid back
- Back pain: lower back & hip

**Disk-related problems**
- Disk-related problems of the neck and/or upper back
- Disk-related problems of the mid back
- Disk-related problems of the lower back

**Stress fracture**
- Stress fracture of the upper extremities
- Stress fracture of the lower extremities
- Stress fracture of another area

**Other musculoskeletal disorders**
- Frozen shoulder
- Heel spurs
- Helping the healing of a bone break
- Sciatica
- Spondylitis of the neck
- Torn meniscus

**Pain as the primary problem**
Headache

- Tension headache
- Migraine headache
- Cluster Headache
- Other Headache

Neuralgia

- Neuralgia (nerve pain) or pinched nerve in the head
- Neuralgia (nerve pain) or pinched nerve in the neck
- Neuralgia (nerve pain) or pinched nerve in the upper back
- Neuralgia (nerve pain) or pinched nerve in the mid back
- Neuralgia (nerve pain) or pinched nerve in the lower back
- Neuralgia (nerve pain) or pinched nerve of the upper extremities
- Neuralgia (nerve pain) or pinched nerve of the lower extremities
- Neuralgia (nerve pain) or pinched nerve of another area

Pain from Cancer

- Pain from cancer in the head
- Pain from cancer in the chest area
- Pain from cancer in the abdominal area
- Pain from cancer in the back area
- Pain from cancer in the upper extremities
- Pain from cancer in the lower extremities
- Pain from cancer in another area

Pain Syndrome and Carpal Tunnel Syndrome

- Pain syndrome of the head area
- Pain syndrome of the chest area
- Pain syndrome of the abdominal area
- Pain syndrome of the upper back
- Pain syndrome of the mid back
- Pain syndrome of the lower back
- Pain syndrome of the upper extremities
- Pain syndrome of the lower extremities
- Pain syndrome of another area
- Carpal tunnel syndrome

Pain following Herpes Zoster

- Pain following herpes zoster in the head area
- Pain following herpes zoster in the chest area
- Pain following herpes zoster in the abdominal area
- Pain following herpes zoster in the back area
- Pain following herpes zoster in the upper extremities
- Pain following herpes zoster in the lower extremities
- Pain following herpes zoster in another area

Gastrointestinal disorders

Gastritis, Ulcers, Hyperacidity
Gastritis with hyperacidity
Gastritis: achlorhydric (without acid)
Gastric ulcer
Duodenal ulcer
Hyperacidity

**Irritable Bowel Syndrome**
- Irritable bowel syndrome
- Irritable bowel syndrome with constipation
- Irritable bowel syndrome with diarrhea
- Irritable bowel syndrome with abdominal pain

**Liver enlargement, Hepatitis, Anemia, Anorexia**
- Liver enlargement
- Hepatitis (except type B)
- Anemia (due to poor digestion)
- Anorexia

**Dysentery, Colitis**
- Infectious Dysentery
- Inflammatory Dysentery
- Colitis

**Digestive problems**
- Digestive problems with nausea
- Digestive problems with diarrhea
- Digestive problems with constipation
- Digestive problems with abdominal ache or pain
- Digestive problems with belching
- Digestive problems with bloating
- Digestive problems with weak digestion
- Digestive problems with slow digestion
- Digestive problems with excess acid
- Digestive problems with general weakness
- Constipation
- Heartburn
- Any other digestive problem

**Ano-Rectal disorders**
- Hemorrhoids, non-bleeding
- Hemorrhoids, bleeding
- Anal fissure

**Respiratory problems**

**Asthma**
- Asthma
- Asthma related to allergy

**Bronchitis**
Bronchitis
Bronchitis with dry cough
Bronchitis: chronic cough with sputum production
Bronchitis related to allergy

Sinusitis
Sinusitis
Sinusitis related to infection
Sinusitis related to allergy

Skin disorders
Eczema
Eczema of the face
Eczema of the scalp
Eczema of the chest
Eczema of the abdominal area
Eczema of the back area
Eczema of the upper extremities
Eczema of the lower extremities
Eczema of another area

Psoriasis
Psoriasis of the face and/or scalp
Psoriasis of the chest
Psoriasis of the abdominal area
Psoriasis of the back area
Psoriasis of the upper extremities
Psoriasis of the lower extremities
Psoriasis of another area

Atopic Dermatitis
Atopic dermatitis of the face
Atopic dermatitis of the scalp
Atopic dermatitis of the chest
Atopic dermatitis of the abdominal area
Atopic dermatitis of the back area
Atopic dermatitis of the upper extremities
Atopic dermatitis of the lower extremities
Atopic dermatitis of another area

Burning and/or itching sensations
Burning and/or itching sensations of the face
Burning and/or itching sensations of the scalp
Burning and/or itching sensations of the chest
Burning and/or itching sensations of the abdominal area
Burning and/or itching sensations of the back area
Burning and/or itching sensations of the upper extremities
Burning and/or itching sensations of the lower extremities
Burning and/or itching sensations of another area

Cardiovascular disorders

Hypertension

Hypertension: primary
Hypertension: secondary (due to a systemic illness)
Hypertension: related to the kidneys
Hypertension: related to adrenal glands

Peripheral Vascular Disease

Peripheral vascular disease: poor circulation
Peripheral vascular disease: poor circulation (cold extremities)
Peripheral vascular disease: varicose veins

Other cardiovascular problems

Heart arrhythmia
Ectopic heart beat (palpitations)
Ectopic heart beat associated with anxiety
Stable angina (heart condition)

Mental problems

Anxiety
Anxiety
Anxiety associated with sleep disturbance
Anxiety associated with substance abuse
Anxiety associated with substance abuse/alcoholism
Anxiety associated with substance abuse/nicotine addiction
Anxiety: sexual imbalance
Anxiety: suppressed feelings
Anxiety: lack of concentration and mental clarity
Anxiety: obsessive-compulsive disorder
Anxiety: lack of confidence and doubts
Post traumatic stress syndrome with anxiety
Emotional trauma
Emotional trauma associated with sleeplessness
Emotional and social immaturity
Emotionally closed, withholding thoughts and feelings
Defensiveness
Tactile defensiveness (sensory integration problem)
Self-doubt, self-dislike
Doubt, worry, fear, tension and/or nervousness
Fingernail biting
Overly sensitive nervous system
Mental blockage
Indecisiveness
Hyperactivity
Overactive mind
Lack of concentration, difficulty focusing
Attention deficit hyperactivity disorder (ADHD)
Inability to relax, difficulty letting go
Lack of fulfillment of desires
Weak inner wakefulness, unsteadiness, not always in the present
Frightening thoughts that can't be stopped
Overeating of wrong foods, undereating of right foods

**Depression**
- Depression
- Depression associated with sleep disorder
- Underlying sadness of varying intensity
- Lack of bliss
- Depression in heart area related to hormone change
- Depression associated with low lithium levels
- Monopolar depression
- Bipolar disorder
- Bipolar disorder with extreme restlessness, improper behavior, sadness
- Mania
- Severe emotional trauma with experience of betrayal, deceit, abandonment and grief
- Unhappiness with loss of will to live

**Insomnia, disturbed sleep**
- Insomnia: disturbed sleep
- Insomnia: disturbed sleep due to anxiety
- Insomnia: disturbed sleep due to excitation
- Insomnia: long term
- Restless, disturbed sleep
- Interrupted sleep due to excessive dreaming
- Insomnia from energy rising through body when trying to sleep
- Sleep disorder due to violent body jerking while falling asleep or sleeping
- Trouble falling asleep when sleeping alone
- Excessive sleep associated with emotional trauma
- Disturbed sleep due to sleep apnea

**Forgetfulness**
- Forgetfulness
- Poor memory
- Difficulty focusing attention on subject at hand and maintaining overall picture

**Anger**
- Anger
- Impatience, volatility
- Oppositional defiance disorder (ODD)
- Oppositional defiance disorder with ADD or ADHD
- Emotional intensity that manifests as irritability
- Frustration with and intolerance of others
Dementia
- Dementia from Parkinson's Disease
- Dementia from Alzheimer's Disease
- Dementia from old age

Schizophrenia
- Light Schizophrenia
- Schizophrenia
- Schizophrenia with depression and mood swings

Other mental problems
- Emotional instability
- Severe mood swings
- Emotional instability related to sadaka pitta
- Negative emotions
- Strong emotional reactions
- Mental imbalance
- Emotional discomfort and restricted eating behavior
- Attention Deficit Disorder (ADD)
- Dyslexia: slow and difficult reading
- Grief
- Phobia
- Phobias with delusions (voices, visions, impulsive behavior)
- Autism
- Mental dullness, brain fog, lack of clarity
- Panic disorder / panic attacks

Eye problems
- Chronic itching and/or redness of the eyes
- Chronic pain of the eyes
- Pressure around the eyes
- Fatigue of the eyes
- Eye problems due to systemic weakness
- Visual weakness
- Visual weakness: due to old age
- Visual weakness: cataracts

Gynecological disorders

Menstrual disorders
- Menstrual disorders: dysmenorrhea (excessive pain with menstruation)
- Menstrual disorders: abnormal menstruation associated with menopause
- Menstrual disorders: associated with migraine
- Menstrual disorders: excessive menstrual flow

Premenstrual Syndrome
- Premenstrual syndrome resulting in headache
Premenstrual syndrome resulting in emotional imbalance
Premenstrual syndrome resulting in digestive difficulties

**Menopausal difficulties**
- Menopausal difficulties: hot flashes
- Menopausal difficulties: abnormal menstruation
- Menopausal difficulties: dryness
- Menopausal difficulties: emotional imbalance

**Other gynecological problems**
- Vaginal discharge (leukorrhea)
- Uterine fibroids (benign uterine tumors)

**Numbness**
- Numbness affecting the upper extremities
- Numbness affecting the lower extremities
- Numbness affecting another area

**Paralysis**
- Paralysis involving the face
- Paralysis involving speech
- Paralysis involving the neck and shoulders
- Paralysis involving the upper extremities
- Paralysis involving the lower extremities

**Endocrine disorders**

**Diabetes, kidney disorders**
- Diabetes
- Juvenile Diabetes
- Kidney disorder caused by infection
- Kidney disorder caused by inflammation (nephritis and nephrosis)
- Kidney disorder caused by obstruction
- Kidney disorder caused by diabetes or other systemic disorders
- Kidney stones

**Thyroid problems**
- Thyroid problems: overactive (hyperthyroidism)
- Thyroid problems: underactive (hypothyroidism)
- Thyroidal duct cyst
- Thyroid nodule

**Adrenal gland problems**
- Adrenal gland problems
- Adrenal gland problems associated with hypertension

**Immunological disorders / Allergies**
- Allergy: itching eyes
- Allergy: tearing eyes
Allergy: congestion in the nose and sinuses
Allergy: congestion in the lungs
Allergy: itching skin

**Parkinson's Disease**
- Parkinson's disease with tremor
- Parkinson's disease with stiffness
- Parkinson's disease with a gait disorder

**Benign tumors**
- Benign tumor located in the abdominal area
- Benign tumor located in the upper extremities
- Benign tumor located in the lower extremities

**Dental pain**
- Dental pain caused by infection in the teeth
- Dental pain caused by infection in the gums

**Wounds**
- Wound to the face
- Wound to the head
- Wound to the chest
- Wound to the abdominal area
- Wound to the upper extremities
- Wound to the lower extremities

**Ear disorders**
- Ringing of the ears (tinnitus)
- Chronic external ear infection (with discharge and itching)
- Hearing problems

**Urological disorders**
- Prostatitis
- Benign Prostatic Hypertrophy

**Other disorders: Tonsillitis, General Weakness ...**
- Tonsillitis
- General weakness
- Chronic fatigue syndrome
- Vertigo (dizziness)
- Inflammation of the glands
- Inflammation of sweat glands

**Cancer**
- Cancer located in the head
Cancer located in chest area
Cancer located in the abdominal area
Cancer located in the upper extremities
Cancer located in the lower extremities
Cancer located in another area