

Elimination of Pragyaparadh

Enlivening the 40 aspects of Veda in the physiology

Disorders of the muscles and bones (musculoskeletal disorders)

Osteoarthritis

- Osteoarthritis of the knees
- Osteoarthritis of the spine
- Osteoarthritis of the low back and/or hips
- Osteoarthritis of the neck and/or shoulder
- Osteoarthritis of the wrists, thumbs and/or fingers
- Osteoarthritis of the ankles, heels and/or feet
- Osteoarthritis of the elbows
- Osteoarthritis of another area

Rheumatoid Arthritis

- Rheumatoid Arthritis of the wrists, small joints of the hands, thumbs and/or fingers
- Rheumatoid Arthritis of the knees
- Rheumatoid Arthritis of the ankles, heels and/or small joints of the foot
- Rheumatoid Arthritis of the shoulders and/or neck
- Rheumatoid Arthritis of the hips
- Rheumatoid Arthritis of the elbows
- Rheumatoid Arthritis of the jaw
- Rheumatoid Arthritis of another area

Back pain

- Back pain: neck and/or shoulders
- Back pain: upper back
- Back pain: mid back
- Back pain: lower back & hip

Disk-related problems

- Disk-related problems of the neck and/or upper back
- Disk-related problems of the mid back
- Disk-related problems of the lower back

Stress fracture

- Stress fracture of the upper extremities
- Stress fracture of the lower extremities
- Stress fracture of another area

Other musculoskeletal disorders

- Frozen shoulder
- Heel spurs
- Helping the healing of a bone break
- Sciatica
- Spondylitis of the neck
- Torn meniscus
- Tenosynovitis of the thumb (DeQuervain's tenosynovitis)

Pain as the primary problem

Headache

- Tension headache
- Migraine headache
- Cluster Headache
- Other Headache

Neuralgia

- Neuralgia (nerve pain) or pinched nerve in the head
- Neuralgia (nerve pain) or pinched nerve in the neck
- Neuralgia (nerve pain) or pinched nerve in the upper back
- Neuralgia (nerve pain) or pinched nerve in the mid back
- Neuralgia (nerve pain) or pinched nerve in the lower back
- Neuralgia (nerve pain) or pinched nerve of the upper extremities
- Neuralgia (nerve pain) or pinched nerve of the lower extremities
- Neuralgia (nerve pain) or pinched nerve of another area

Pain from Cancer

- Pain from cancer in the head
- Pain from cancer in the chest area
- Pain from cancer in the abdominal area
- Pain from cancer in the back area
- Pain from cancer in the upper extremities
- Pain from cancer in the lower extremities
- Pain from cancer in another area

Pain Syndrome and Carpal Tunnel Syndrome

- Pain syndrome of the head area
- Pain syndrome of the chest area
- Pain syndrome of the abdominal area
- Pain syndrome of the upper back
- Pain syndrome of the mid back
- Pain syndrome of the lower back
- Pain syndrome of the upper extremities
- Pain syndrome of the lower extremities
- Pain syndrome of another area
- Carpal tunnel syndrome

Pain following Herpes Zoster

- Pain following herpes zoster in the head area
- Pain following herpes zoster in the chest area
- Pain following herpes zoster in the abdominal area
- Pain following herpes zoster in the back area
- Pain following herpes zoster in the upper extremities
- Pain following herpes zoster in the lower extremities
- Pain following herpes zoster in another area

Gastrointestinal disorders

Gastritis, Ulcers, Hyperacidity

- Gastritis with hyperacidity
- Gastritis: achlorhydric (without acid)
- Gastric ulcer
- Duodenal ulcer
- Hyperacidity

Irritable Bowel Syndrome

- Irritable bowel syndrome
- Irritable bowel syndrome with constipation
- Irritable bowel syndrome with diarrhea
- Irritable bowel syndrome with abdominal pain

Liver enlargement, Hepatitis, Anemia, Anorexia

- Liver enlargement
- Hepatitis (except type B)
- Anemia (due to poor digestion)
- Anorexia

Dysentery, Colitis

- Infectious Dysentery
- Inflammatory Dysentery
- Colitis

Digestive problems

- Digestive problems with nausea
- Digestive problems with diarrhea
- Digestive problems with constipation
- Digestive problems with abdominal ache or pain
- Digestive problems with belching
- Digestive problems with bloating
- Digestive problems with weak digestion
- Digestive problems with slow digestion
- Digestive problems with excess acid
- Digestive problems with general weakness
- Constipation
- Heartburn
- Any other digestive problem

Ano-Rectal disorders

- Hemorrhoids, non-bleeding
- Hemorrhoids, bleeding
- Anal fissure

Respiratory problems

Asthma

- Asthma
- Asthma related to allergy

Bronchitis

- Bronchitis
- Bronchitis with dry cough
- Bronchitis: chronic cough with sputum production
- Bronchitis related to allergy

Sinusitis

- Sinusitis
- Sinusitis related to infection
- Sinusitis related to allergy

Skin disorders

Eczema

- Eczema of the face
- Eczema of the scalp
- Eczema of the chest
- Eczema of the abdominal area
- Eczema of the back area
- Eczema of the upper extremities
- Eczema of the lower extremities
- Eczema of another area

Psoriasis

- Psoriasis of the face and/or scalp
- Psoriasis of the chest
- Psoriasis of the abdominal area
- Psoriasis of the back area
- Psoriasis of the upper extremities
- Psoriasis of the lower extremities
- Psoriasis of another area

Atopic Dermatitis

- Atopic dermatitis of the face
- Atopic dermatitis of the scalp
- Atopic dermatitis of the chest
- Atopic dermatitis of the abdominal area
- Atopic dermatitis of the back area
- Atopic dermatitis of the upper extremities
- Atopic dermatitis of the lower extremities
- Atopic dermatitis of another area

Burning and/or itching sensations

- Burning and/or itching sensations of the face
- Burning and/or itching sensations of the scalp
- Burning and/or itching sensations of the chest
- Burning and/or itching sensations of the abdominal area
- Burning and/or itching sensations of the back area
- Burning and/or itching sensations of the upper extremities

Burning and/or itching sensations of the lower extremities
Burning and/or itching sensations of another area

Cardiovascular disorders

Hypertension

Hypertension: primary
Hypertension: secondary (due to a systemic illness)
Hypertension: related to the kidneys
Hypertension: related to adrenal glands

Peripheral Vascular Disease

Peripheral vascular disease: poor circulation
Peripheral vascular disease: poor circulation (cold extremities)
Peripheral vascular disease: varicose veins

Other cardiovascular problems

Heart arrhythmia
Ectopic heart beat (palpitations)
Ectopic heart beat associated with anxiety
Stable angina (heart condition)

Mental problems

Anxiety

Anxiety
Anxiety associated with sleep disturbance
Anxiety associated with substance abuse
Anxiety associated with substance abuse/alcoholism
Anxiety associated with substance abuse/nicotine addiction
Anxiety: sexual imbalance
Anxiety: suppressed feelings
Anxiety: lack of concentration and mental clarity
Anxiety: obsessive-compulsive disorder
Anxiety: lack of confidence and doubts
Post traumatic stress syndrome with anxiety
Emotional trauma
Emotional trauma associated with sleeplessness
Emotional and social immaturity
Emotionally closed, withholding thoughts and feelings
Defensiveness
Tactile defensiveness (sensory integration problem)
Self-doubt, self-dislike
Doubt, worry, fear, tension and/or nervousness
Fingernail biting
Overly sensitive nervous system
Mental blockage
Indecisiveness
Hyperactivity

Overactive mind
Lack of concentration, difficulty focussing
Attention deficit hyperactivity disorder (ADHD)
Inability to relax, difficulty letting go
Lack of fulfillment of desires
Weak inner wakefulness, unsteadiness, not always in the present
Frightening thoughts that can't be stopped
Overeating of wrong foods, undereating of right foods

Depression

Depression
Depression associated with sleep disorder
Underlying sadness of varying intensity
Lack of bliss
Depression in heart area related to hormone change
Depression associated with low lithium levels
Monopolar depression
Bipolar disorder
Bipolar disorder with extreme restlessness, improper behavior, sadness
Mania
Severe emotional trauma with experience of betrayal, deceit, abandonment and grief
Unhappiness with loss of will to live

Insomnia, disturbed sleep

Insomnia: disturbed sleep
Insomnia: disturbed sleep due to anxiety
Insomnia: disturbed sleep due to excitation
Insomnia: long term
Restless, disturbed sleep
Interrupted sleep due to excessive dreaming
Insomnia from energy rising through body when trying to sleep
Sleep disorder due to violent body jerking while falling asleep or sleeping
Trouble falling asleep when sleeping alone
Excessive sleep associated with emotional trauma
Disturbed sleep due to sleep apnea

Forgetfulness

Forgetfulness
Poor memory
Difficulty focussing attention on subject at hand and maintaining overall picture

Anger

Anger
Impatience, volatility
Oppositional defiance disorder (ODD)
Oppositional defiance disorder with ADD or ADHD
Emotional intensity that manifests as irritability
Frustration with and intolerance of others

Dementia

- Dementia from Parkinson's Disease
- Dementia from Alzheimer's Disease
- Dementia from old age

Schizophrenia

- Light Schizophrenia
- Schizophrenia
- Schizophrenia with depression and mood swings

Other mental problems

- Emotional instability
- Severe mood swings
- Emotional instability related to sadhaka pitta
- Negative emotions
- Strong emotional reactions
- Mental imbalance
- Emotional discomfort and restricted eating behavior
- Attention Deficit Disorder (ADD)
- Dyslexia: slow and difficult reading
- Grief
- Phobia
- Phobias with delusions (voices, visions, impulsive behavior)
- Autism
- Mental dullness, brain fog, lack of clarity
- Panic disorder / panic attacks

Eye problems

- Chronic itching and/or redness of the eyes
- Chronic pain of the eyes
- Pressure around the eyes
- Fatigue of the eyes
- Eye problems due to systemic weakness
- Visual weakness
- Visual weakness: due to old age
- Visual weakness: cataracts

Gynecological disorders

Menstrual disorders

- Menstrual disorders: dysmenorrhea (excessive pain with menstruation)
- Menstrual disorders: abnormal menstruation associated with menopause
- Menstrual disorders: associated with migraine
- Menstrual disorders: excessive menstrual flow

Premenstrual Syndrome

- Premenstrual syndrome resulting in headache
- Premenstrual syndrome resulting in emotional imbalance

Premenstrual syndrome resulting in digestive difficulties

Menopausal difficulties

Menopausal difficulties: hot flashes

Menopausal difficulties: abnormal menstruation

Menopausal difficulties: dryness

Menopausal difficulties: emotional imbalance

Other gynecological problems

Vaginal discharge (leukorrhea)

Uterine fibroids (benign uterine tumors)

Numbness

Numbness affecting the upper extremities

Numbness affecting the lower extremities

Numbness affecting another area

Paralysis

Paralysis involving the face

Paralysis involving speech

Paralysis involving the neck and shoulders

Paralysis involving the upper extremities

Paralysis involving the lower extremities

Endocrine disorders

Diabetes, kidney disorders

Diabetes

Juvenile Diabetes

Kidney disorder caused by infection

Kidney disorder caused by inflammation (nephritis and nephrosis)

Kidney disorder caused by obstruction

Kidney disorder caused by diabetes or other systemic disorders

Kidney stones

Thyroid problems

Thyroid problems: overactive (hyperthyroidism)

Thyroid problems: underactive (hypothyroidism)

Thyroidal duct cyst

Thyroid nodule

Adrenal gland problems

Adrenal gland problems

Adrenal gland problems associated with hypertension

Immunological disorders / Allergies

Allergy: itching eyes

Allergy: tearing eyes

Allergy: congestion in the nose and sinuses

Allergy: congestion in the lungs

Allergy: itching skin

Parkinson's Disease

Parkinson's disease with tremor

Parkinson's disease with stiffness

Parkinson's disease with a gait disorder

Benign tumors

Benign tumor located in the abdominal area

Benign tumor located in the upper extremities

Benign tumor located in the lower extremities

Dental pain

Dental pain caused by infection in the teeth

Dental pain caused by infection in the gums

Wounds

Wound to the face

Wound to the head

Wound to the chest

Wound to the abdominal area

Wound to the upper extremities

Wound to the lower extremities

Ear disorders

Ringling of the ears (tinnitus)

Chronic external ear infection (with discharge and itching)

Hearing problems

Urological disorders

Prostatitis

Benign Prostatic Hypertrophy

Other disorders: Tonsillitis, General Weakness ...

Tonsillitis

General weakness

Chronic fatigue syndrome

Vertigo (dizziness)

Inflammation of the glands

Inflammation of sweat glands

Cancer

Cancer located in the head

Cancer located in chest area

Cancer located in the abdominal area

Cancer located in the upper extremities

Cancer located in the lower extremities

Cancer located in another area